

Older person's day centres closure consultation

Glossary

Adult social care - is the support provided to adults with physical or learning disabilities, or physical or mental illnesses.

Day care provision – these are places where elderly people can attend during the daytime. Some attend once a week or several days a week. They all offer older people the opportunity to socialise and take part in activities to support their independence and respite for carers' during the day.

Extra care – specialist housing designed for older people. It is similar to sheltered housing but also offers help with personal care and household chores, so it may be suitable if you have higher or changeable care needs.

The Care Act 2014 –aims to make care and support clearer and fairer for everybody. It aims to help prevent people's care needs getting more serious by providing more services and more information to help people stay healthy and independent for longer.

Side-by-Side –a personalised approach to social care taking into account a person's unique circumstances and their capacity, strengths and existing networks that would help the individual to achieve outcomes that are important to them.

Social isolation - having little or no contact with other people

Strengths based approach – identifying an individual's 'strengths' such as their abilities, skills, knowledge, and potential their social and community networks that will help or enable the individual to deal with challenges in life and meet their needs to achieve their desired outcomes

Voluntary/Independent sector – Not for profit organisation that exists to support the vulnerable in society e.g. charities